# SPIRA BLUESELECT PLUS **PLAN: NEED TO KNOW**

**BlueSelect Plus Network Spira Care Facilities** 



The Spira BlueSelect Plus Plan is health insurance with a primary care clinic experience at no additional cost. Except for emergency services, members must receive **all** care from in-network providers (BlueSelect Plus network in the Kansas City area or BlueCard network outside the 32-county service area). Non-emergency services received out-of-network will not be covered. Primary Care physician services may be obtained from providers in the BlueSelect Plus Network, however, members also have a "no cost" option for primary care services by visiting a Spira Care facility in the Kansas City Metro area.

# THE BLUESELECT PLUS NETWORK

Blue Cross and Blue Shield of Kansas City (Blue KC) has negotiated a decreased hospital service reimbursement rate with a group of high-quality, local providers to create BlueSelect Plus. The result is access to high-quality healthcare at lower premiums for employers and their employees across Kansas City. Members will have access to more than 3,000 physicians and specialists at over 11,000 access points in the BlueSelect Plus network.

# **NETWORK HOSPITALS**

- Children's Mercy Hospital
- •Children's Mercy Hospital South
- •Liberty Hospital
- •North Kansas City Hospital
- •Olathe Health Olathe Medical Center
- •Truman Medical Center Lakewood
- •Truman Medical Center Hospital Hill
- Shawnee Mission Medical Center
- •The University of Kansas Health System

# **IMPORTANT!**

IF YOU UTILIZE SPECIFIC PROVIDERS, IT IS IMPORTANT THAT YOU CONFIRM THEY ARE IN THE **BLUESELECT PLUS NETWORK BEFORE SELECTING** THE SPIRA EPO PLAN.

### HOW TO FIND A BLUESELECT PLUS PROVIDER

- 1.Go to www.bluekc.com, and click Find a Doctor on the top right hand corner
- 2.Click the search box
- 3.Click the dropdown box under All Plans
- 4. Choose browse by Medical Networks

### 5.Select BlueSelect Plus

6.Type in the provider you are searching for and press enter

# **SPIRA CARE**

Created in partnership with one of the highestperforming Blue KC Medical Home provider practices, Spira Care brings a innovative and simplified primary care experience to care centers with a dedicated team that is committed to each member's health and well-being. The result is providing coordinated, personalized care that achieves healthier outcomes and greater savings.

### **SPIRA CARE LOCATIONS:**

15710 West 135th Street, Olathe, Kansas 66062 10824 Shawnee Mission Pkwy, Shawnee, Kansas 66203 760 NW Blue Pkwy, Lee's Summit, MO 64086

8350 N Church Rd, Kansas City, MO 64158 (Liberty) 1916 Grand Blvd, Kansas City, MO 64108 (Crossroads)

# 100% Covered Services



Routine Preventative Care - includes annual exams for the whole family, immunizations and more



Adult & Pediatric Primary Care - includes treatment for minor fevers and colds, sprains and strains, ear and sinus pain, minor alleraic reactions, minor wounds and more



Routine Behavioral Health Services - includes counseling for depression, alcohol and substance abuse, weight management and more



**Chronic Condition Management** 

Lab Draws



# SPIRA FREQUENTLY ASKED QUESTIONS

# SPIRA CARE AND BLUESELECT PLUS NETWORK

# HOW DO I KNOW IF A COMBINATION OF SPIRA CARE AND BLUESELECT PLUS NETWORK IS RIGHT FOR ME?

This offering is crafted for members looking to simplify and personalize their healthcare experience. If you believe you and your family's health needs in the next year will largely fall within primary care, including labs and x-rays, and routine behavioral health services, you can enjoy peace of mind that comes with knowing there'll be no additional charges outside your monthly premiums.

### WHAT PRESCRIPTIONS ARE FILLED AT SPIRA CARE?

Spira Care offers the convenience of on-site prescription services for approximately 50 of the top generic prescriptions at your regular copay level.

# WHAT ABOUT THE PRESCRIPTIONS THAT CAN'T BE FILLED AT SPIRA CARE?

Your Care Team will facilitate prescription services through convenient mail order or at your preferred pharmacy at your regular copay level.

# WHEN IS SPIRA CARE OPEN? ARE WALK-IN APPOINTMENTS AVAILABLE?

Spira Care offers extended hours at all locations- for details about a specific Spira Care Center, visit SpiraCare.com. While appointments are preferred, the Care Team understand that life doesn't always go according to plan, so they'll do their best to accommodate walk-in appointments whenever possible.

### DOES SPIRA CARE HAVE TO REFER ME TO MY SPECIALIST WITHIN THE BLUESELECT PLUS NETWORK?

No, utilizing a Spira Care Center is your choice. You can self-refer to a specialist within the BlueSelect Plus network. However, the Care Team is available to help you find a specialist if you need assistance.



# WHERE CAN I GO FOR URGENT OR EMERGENCY CARE OUTSIDE OF THESE HOURS?

For emergency and life-threatening situations, members will be covered both in and out of the BlueSelect Plus network. Within the Kansas City metro area, BlueSelect Plus network partners with nine hospitals and several urgent care centers. Outside the 32-county Blue KC service area, you have access to a nationwide BlueCard network as well.

### I ALREADY HAVE A PRIMARY CARE OR PEDIATRIC PHYSICIAN I LOVE. CAN I STILL GO THERE?

While the plan is ideal for members who utilize the no-additional-cost primary and pediatric care at the Spira Care Centers, members still have access to more than 3,000 providers in the BlueSelect Plus network. Members will also have nationwide coverage of the BlueCard network outside the 32county Blue KC service area.

# ARE THERE PLANS TO EXPAND SPIRA CARE AND BUILD NEW LOCATIONS IN THE FUTURE?

Yes, there are plans to extend Spira Care as membership grows, adding more convenient locations throughout the metro in both Kansas and Missouri.

### WHEN DOES THE DEDUCTIBLE APPLY?

Anytime you seek medical care outside of a Spira Care facility for covered services these services are subject to your deductible. Remember outside of a Spira Care facility, your providers must be part of the BlueSelect Plus Network, unless it is an emergency.